Preparation & Cooking Instructions

Place on low rack in the oven and bake for 25 to 30 minutes or until... Read instructions for cooking times in minutes. When you're using this type of oven, you may want to turn the oven to 400 degrees for the first 10 minutes of the cooking times listed above. To make sure the chicken is cooked thoroughly, check with a thermometer to ensure it reaches 165 degrees F.

Benefits of Using this Product

Fully cooked, breaded chicken breast

Fully cooked, breaded chicken breast may be stored in the refrigerator for up to 4 days or frozen for up to 8 months. Once thawed, it should be used within 2 days. Fully cooked, breaded chicken breast may be used in salads, sandwiches, or as an ingredient in other dishes.

Manufactured Product Name:

Fully cooked, breaded chicken breast

Last Updated:

7/24/2007 8:27:38 AM

Tyson Food Service Product Spec Information System

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Product Specifications
**Nutritional Facts**

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Value</th>
<th>% Daily</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calorie:</td>
<td>220 Calorie from Fat: 120</td>
<td></td>
</tr>
<tr>
<td>Serving Per Container:</td>
<td>50 Servings Per Container: 50 (9g)</td>
<td></td>
</tr>
<tr>
<td>Fat:</td>
<td>5g</td>
<td>8%</td>
</tr>
<tr>
<td>Saturated Fat:</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Trans Fat:</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Cholesterol:</td>
<td>2mg</td>
<td>1%</td>
</tr>
<tr>
<td>Sodium:</td>
<td>2mg</td>
<td>1%</td>
</tr>
<tr>
<td>Total Carbohydrate:</td>
<td>14g</td>
<td>5%</td>
</tr>
<tr>
<td>Sugars:</td>
<td>5g</td>
<td>2%</td>
</tr>
<tr>
<td>Fiber:</td>
<td>2g</td>
<td>5%</td>
</tr>
<tr>
<td>Protein:</td>
<td>11g</td>
<td>22%</td>
</tr>
<tr>
<td>Vitamin A:</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Vitamin C:</td>
<td>0g</td>
<td>0%</td>
</tr>
<tr>
<td>Calcium:</td>
<td>0g</td>
<td>0%</td>
</tr>
</tbody>
</table>

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**Ingredients:**
- Breast
- Chicken

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**Pack Description**

**Master Pack:**
- Case
- Panel TI: 12
- Panel MI: 9
- Pallet Total: 117

**Product Form:**
- Frozen

**Storage Type:**
- Optimal Shelf Life
- 365 Days

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**Storage / Packaging Information**

- As purchased Code (c/p): 070096
- CDP Statement:**
- 2.00 oz. equivalent meat
-áltimate and 1.0 oz. serving of
-freeze dried chicken breast
-chunk

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**USDA / Child Nutritional Program (CNP)**

- Iron
- Calcium
- 8%
- 8%
- 0%
- 0%
- Vitamin A
- Vitamin C
- 0%
- 0%
- Saturated Fat
- 0%
- Total Fat
- 3g
- 20%
- Cholesterol
- 15%
- 2mg

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Tyson Foods recommends use of the National Restaurant Association's Tyson Foods recommendations for child nutrition and food borne illness.

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**Note:**

Ensure all ingredients are free of gluten and dairy content.