Nutrition Services and Wellness Policy

Nutrition Services:
The district's Nutrition Services shall provide wholesome and nutritious breakfasts and lunches for students enrolled in the district's schools. The District shall provide breakfasts and lunches at school which meet the federal and state standards required by state and federal school breakfast and lunch programs. The District will promote efforts to increase participation in the available federal Child Nutrition Programs (e.g. school lunch, school breakfast, after-school snack and summer food service programs).

The Board authorizes the Superintendent to administer the food services program, provided that any decision to enter into a contract with a private food service agency shall require the approval of the Board.

The District shall provide free and reduced-price breakfasts and lunches to students according to the terms of the National School Lunch and Breakfast Programs and laws and rules of the state.

The District may utilize food commodities made available under the Federal Food Commodity Program for school menus.

The Nutrition Services program shall not accept donations of food other than from the Federal government without express approval of the Nutrition Services director.

School meals may be provided to persons other than students of the district at the greatest price charged any student, plus an amount representing the portion of the lunch cost paid for by the local, state, and federal assistance (cash and food).

Pricing for student meals shall be established considering market share, creation of loss of revenue, and shall be reviewed and adjusted when necessary. Revenue generation should not take precedence over the nutritional needs of the students.

Nutrition Guidelines Goal:
University Place School District is committed to providing a school environment that enhances learning and development of lifelong wellness practices. It is the intent of the Board that district schools take a proactive approach to provide students with healthy choices throughout the school environment whenever possible.

The Board believes that food and beverages provided at school should promote healthy habits among students and teach positive eating behaviors. The Board further believes that proper nutrition will support students being ready to learn while at school. The Superintendent or designee will develop procedures for implementation of this policy, which will include defined standards and portion size.

All foods and beverages made available on campus during the school day will be consistent with the current dietary Guidelines for Americans. All foods made available on campus will adhere to food safety and security guidelines.

Physical Activity Goal:
The University Place School District recognizes the essential nature of quality physical activity for the well-being of all students. The district will endeavor to include daily opportunities for a variety of kindergarten to grade 12 physical activities through curricular, co-curricular, recess and lunch time options. When possible, recess before lunch will be promoted at the primary schools.

Nutrition Education Goal:
To reinforce nutrition, certificated staff are encouraged to communicate and coordinate with the district’s Nutrition Services Department. In addition, other curriculum areas are encouraged to integrate nutrition education into their programs.
Other School Based Activities Designed to Promote Wellness Goal:
The goal is to create a total school environment that is conducive to good health including good nutrition, physical activity, well-being and consumer awareness.

Evaluation and Monitoring of the Wellness Policy:
In an effort to measure the implementation of the policy, the Board designated the Superintendent or designee as the person who will be responsible for ensuring the district meets the goals outlined in this policy.

Legal Reference:

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<tr>
<th>Code</th>
<th>Description</th>
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<tbody>
<tr>
<td>RCW 28A.235</td>
<td>Food Services</td>
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<tr>
<td>RCW 69.04</td>
<td>Intrastate Commerce in Food, Drugs and Cosmetics</td>
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<td>WAC 246</td>
<td>Food Service</td>
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Adoption Date: August 23, 2006
Re-Adopted Date: November 10, 2010
District Name: University Place School District